LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION,



GWALIOR (M.P.) INDIA

VISION - 2047



BACKGROUND

The Lakshmibai National Institute of Physical Education, Gwalior was established by the Ministry of Education & Culture, Government of India as Lakshmibai College of Physical Education (LCPE) in August, 1957, the centenary year of the War of Independence and located at Gwalior, where Rani Lakshmibai of Jhansi, a valiant heroine of the war, had laid down her life during the first freedom struggle in 1857.

The Institute started as an affiliated college of the Vikram University, Ujjain and then came to the folds of Jiwaji University, Gwalior in 1964. The Institute was given the status of National importance and hence it was renamed as Lakshmibai National College of Physical Education (LNCPE) in 1973. In recognition of its unique status and character and to facilitate its further growth, the college was conferred the status of an Autonomous College of Jiwaji University, Gwalior in 1982.

In further recognition of the educational services rendered by the Institute in the field of Physical Education, Sports and Research, the Government of India, Ministry of Human Resource Development conferred the status of a "Deemed to be a University" under U.G.C. Act in September, 1995. Hence, Institute was again renamed as Lakshmibai National Institute of Physical Education. The Institute is the only Deemed to be a University in the field of Physical Education in India.

The main purpose of establishing this Institute was to upgrade the status of Physical Education by producing quality teachers and leaders in the field of Physical Education by offering degree and post graduate courses for the first time in the country. Three years Bachelor of Physical Education (BPE) was started in 1957 and a two year Master of Physical Education (MPE) in 1963. In 1980, the then college reached yet another mile stone and became the first Institute in India to have offered one year program i.e. Pre-Doctoral Master of Philosophy in Physical Education (M.Phil). At present Institute is offering following courses on REGULAR and ODL mode:-

REGULAR:

- Bachelor of Physical Education (B.P.Ed.) (Integrated)
- 2. Master of Physical Education (M.P.Ed.)
- 3. M.Sc. (Sports Sciences)
- 4. M.A. (Sports Management)
- 5. M.A. (Yoga)
- 6. M.A. (Sports Journalism)
- 7. Diploma in Sports Coaching (DSC) (Athletics, Basketball, Football, Handball and Volleyball)
- 8. Post Graduate Diploma in Sports Coaching (PGDSC) (Athletics, Basketball, Badminton, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Swimming, Volleyball and Wrestling)
- 9. Post Graduate Diploma in Fitness Management (PGDFM)

- 10. Post Graduate Diploma in Strength & Sports Conditioning (PGDSSC)
- 11. Post Graduate Diploma in Yoga Education (PGDYEd.)
- 12. Doctor of Philosophy (Ph.D.) Programmes:
 - Physical Education
 - Yoga
 - Inter-disciplinary

OPEN & DISTANCE LEARNING:

- 1. Diploma in Sports Management (DSM)
- 2. Diploma in Sports Journalism (DSJ)
- 3. Diploma in Yoga (DY)
- 4. Diploma in Sports Analytics (DSA)
- 5. Diploma in Sports Nutrition (DSN)
- 6. Diploma in Sports Psychology (DSP)
- 7. Post Graduate Diploma in Sports Event Management (PGDSEM)

The duration of the Bachelor of Physical Education was initially of three years. To bring it at par with other professional degree courses, and courses in Physical Education abroad the duration of the course was extended to four years with effect from the session starting from July, 2003.

Institute campus covers an area of about 153 acres and is fully residential. Besides residential complex, the Institute has the main building consisting classrooms, library, laboratories, research block, auditorium and administrative block. It has nine boys hostels, four girls hostels, separate mess for boys and girls, health center, an indoor swimming pool, indoor cricket pitch, two indoor gymnasium complex, Judo hall, Table Tennis Hall, Weight Lifting & Weight Training Halls and a Squash Rackets Court. The Institute has well laid play fields for outdoor games and sports.

The Institute's library is stocked with professional books and literature. It subscribes to several professional and research Journals, Magazines / Periodicals and is undoubtedly the best of its kind in India in the field of Physical Education and Sports. The research laboratories are also well equipped with modern and sophisticated equipments to cater to the scholarly thirst and needs of the students. Institute also runs a UGC Academic Staff College to conduct Orientation and Refresher Courses for in-service teachers from all over the country.

The Campus also has sufficient number of residential quarters to house its faculty, officers and various categories of employees. The campus also has a fully furnished Guest House, a Bank and a Post Office.

VISION - 2047

- To engage in relentless pursuit of excellence in Physical Education and Sports for health, fitness and wellness of the citizens.
- Quality teaching, learning and research in cognitive, psycho-motor and affective domains in Physical Education and Sports.

- To create and sustain the conditions that enable students to experience an innovative and inclusive education.
- Scientific and innovative approach towards excellence at Olympic level.
- To elevate the Institute to a Global Institute of Physical Education and Sports Science Research Institute.

MISSION

To ensure quality teaching - learning, research, outreach services, and management of institution and education to serve the humanity.

OBJECTIVES

- To design and introduce innovative, integrated, inter-disciplinary and skill based curriculum in Physical Education and various Sports, Games and Allied Sciences areas.
- Aligning present sports, health and physical education system and integration between government and sports governing bodies.
- Clear academic career progression for sports professionals as well as individuals trained in the various disciplines.
- To closely collaborate and coordinate with the State and National Bodies/Sports Federation/Universities.
- Facilitate better knowledge-sharing among different stakeholders, to raise general awareness, as well as creating the right conditions for the implementation of more sport-based development programs and projects.
- Education of both practical and theoretical endeavors in the areas of physical activity, yoga and recreation for persons with Specially-abled (Divyang).
- To develop Internal Quality Management System (IQMS) through IQAC.

BENEFITS

'Health for All' and sustainable development can be a tremendous asset to the community.

Accessibility

Inclusive sports which will allow people with and without disabilities to use the appropriate facilities

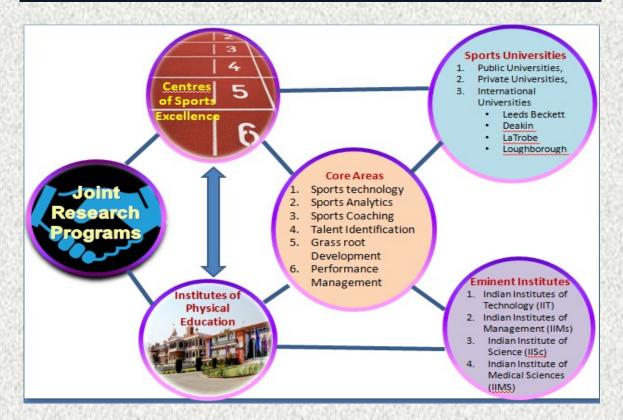
Equality

Sports equality is about implementing fairness in organization of events, recognizing inequalities and taking steps to address them.

Affordable

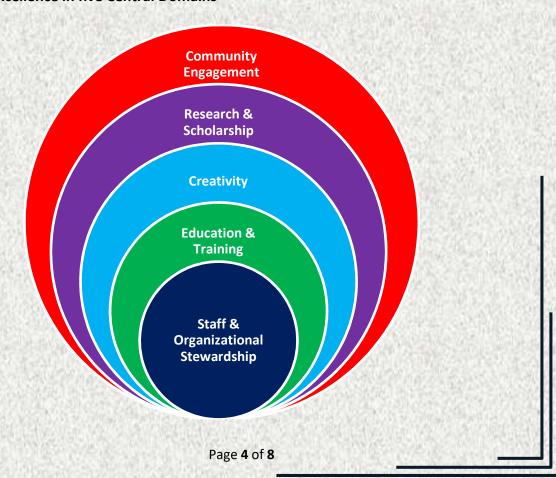
Affordability is a barrier to sports participation. Systematic planning is needed to maximize the reach of sports facilities to masses.

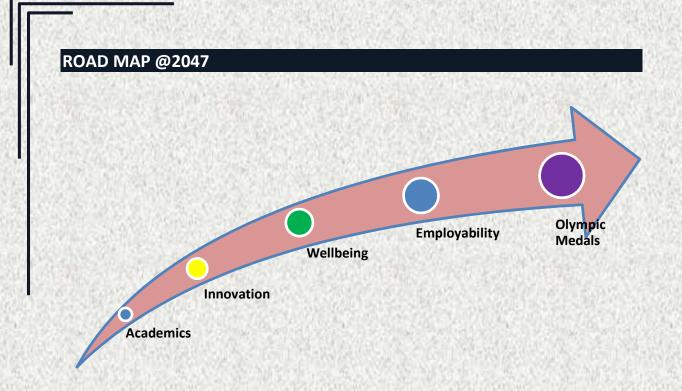
INTER-DISCIPLINARY COLLABORATIONS

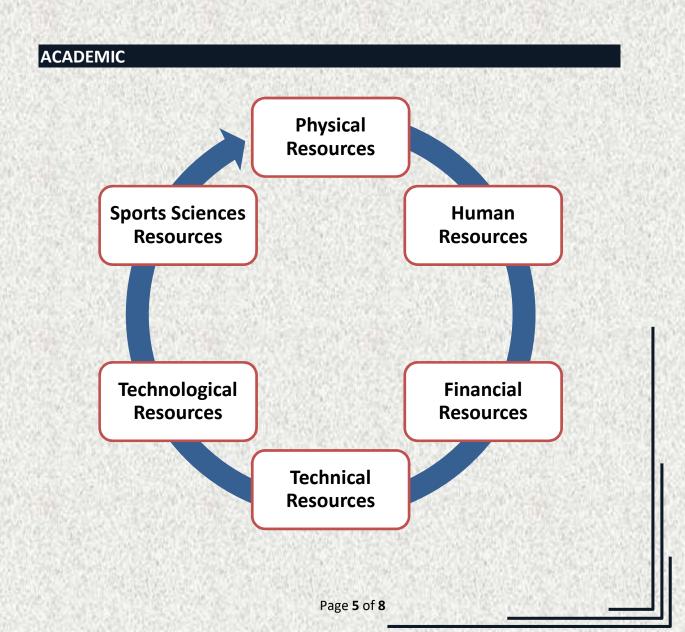


STRATEGIC ACTION PLANS

Enhance Excellence in five Central Domains







INNOVATION & RESEARCH

SCIENTIFIC RESEARCH

Continuous research needs to be carried out on the health, fitness so as to support the athletes & coaches.

MARKET TRANSITIONS

With the advent of various leagues and tournaments, the market changes need to be identified and evaluated.



PRODUCT DEVELOPMENT

innovative equipment design, adapted sports facilities, or a smartphone app etc.

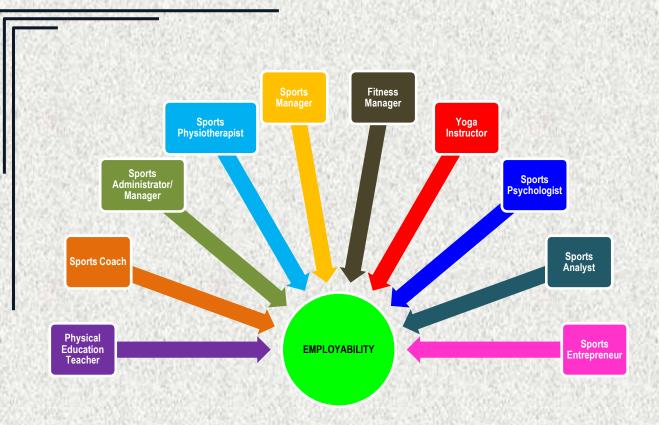
TECHNOLOGICAL CHANGES

Technological developments can help elite athletes get better results, and also make sport and physical activity easier.

WELLBEING

- Promoting Physical Literacy and Wellness at all level.
- Health & Wellness to be the part of school and college curriculum.
- Community outreach programme to be strengthen throughout the country.





OLYMPIC MEDALS

Athlete Career & Education

Provide advice and services in career and education for talented athletes.

Access to Sport & Health Sciences

Athletes need an introduction to the sports sciences to refine their talents.

Access to Competition Quantity & Quality

Talented athletes to gain the exposure to, and experience from, competition commensurate with their ability and potential.

Talent Identification

To identify talent and to compile and maintain a Statewide talent identification program and database.

Facility Access

Talented athletes to gain regular access to facilities suitable for skill development and improvement.

Intensive Training/Camps

State Sporting Associations to deliver intensive training camps/ clinics for selected talented athletes.

SUGGESTIONS AND RECOMMENDATIONS

- Uniformity in delivering Physical Education across country.
- Physical Education should be brought to the concurrent list with 30% leverage to the states.
- Development of sustainable sports infrastructure.
- Establishment of Hi-Tech Sports Performance Labs to minimize the dependency on foreign expertise.

- Developing collaborations and linkages for strengthening physical education, health and sports.
- National Physical Literacy Drive through out Country for broad basing.
- To kick-start SPANDAN (BHARTIYAM) program for promoting sports and wellness among masses.
- To promote Start-Ups and Entrepreneurship through Innovation Incubation Cell for catering the needs of student across the country.
- To promote Rural, Indigenous & Tribal Games
- We need to have qualified Health and physical Education teachers from primary education onwards.
- To Strengthen the Open and Distance Learning in the field of Physical Education and Allied Areas.
- E-content Development in the area of Physical Education, Sports and Yogic sciences.

