



CHAPTER - 12

DEPARTMENTS, HODs AND THEIR COURSES

The names of the Departments in the Institute, their Heads and the courses offered by them during the reporting year are as under:-

S. No.	Name of Department and HOD	Courses run during the year of report
1.	Department of Physical Education Pedagogy Dr. A.K. Datta, Professor	i) BPEd - 4-year Integrated course. ii) MPEd (Physical Education Pedagogy).
2.	Department of Exercise Physiology Dr. Vivek Pandey, Professor	M.P.Ed. (Exercise Physiology).
3.	Department of Sports Psychology Dr. (Ms.) Jayashree Acharya, Professor	M.P.Ed. (Sports Psychology).
4.	Department of Sports Biomechanics Dr. Ramesh Pal, Professor	M.P.Ed. (Sports Biomechanics).
5.	Department of Health Sciences & Fitness Dr. Manika Debnath, Professor	i) M.P.Ed. (Health Education). ii) PG Diploma in Fitness Management. iii) PG Diploma in Yoga with Alternate Therapies.

In addition to above Departments, the Institute has following two Centres, which also run the Courses as indicated against their names:-

1.	Centre for Advanced Studies Dr. Jasraj Singh, Professor	i) M.Phil. in Physical Education ii) Ph.D. in Physical Education
2.	Centre for Sports Coaching & Management Dr. A.S. Sajwan, Professor	i) PG Diploma in Sports Coaching. ii) Diploma in Sports Coaching (for in-service defence personnel)





CHAPTER - 13

DEPARTMENT OF PHYSICAL EDUCATION PEDAGOGY

1. Admission Process

Department of Physical Education Pedagogy systematically planned the program for the Academic Session 2012-13 by providing necessary inputs to be included in the Prospectus. Further, the admission dates for B.P.Ed. and M.P.Ed. were got advertised in the National Newspapers and University Website. Admission Tests for M.P.Ed and B.P.Ed were conducted by the University on June 21 & 22, 2012, and from June 26 to 29, 2012 respectively. Apart from admissions of candidates from all over the country, foreign students from Mauritius and Nepal were admitted to the Graduate course by following the prescribed procedure.

A total of 777 candidates appeared for the admission test in different centers as per the following details:

S.No.	Name of test center	Number of aspirants
1.	Gwalior	477
2.	Guwahati	104
3.	Jaipur	58
4.	Kolkata	46
5.	Dehradoon	42
6.	Patiala	21
7.	Ranchi	20
8.	Hyderabad	9

2. Contractual / Part-time teachers/ Ph.D. scholars

Keeping the shortage of teachers in the university in mind, the Department of Physical Education Pedagogy in coordination with the administration, appointed the following staff for teaching various subjects and activities:

- Appointed 10 teachers on contractual and part-time basis
- Assigned B.P.Ed. classes to 4 JRF holders
- Assigned B.P.Ed. classes to 6 NET qualified regular Ph.D. scholars.

In addition, to teach exposure activity i.e. Wrestling to the male students of B.P.Ed. – I, the services of a Wrestling Coach was taken for duration of about 15 days.





3. **Intramural Competition**

The Intramural Competition was inaugurated on 17th August 2012. Lt. Gen. V. K. Sharma, Vice Chancellor, Amity University, Gwalior was the Chief Guest during the inauguration ceremony. The intramural competition started with a March Past Competition for both girls and boys. The department organized various Intramural Competitions in different games and sports throughout the year like Marching, Football, Cross Country, Swimming, Basketball, Triathlon, Table Tennis, Volleyball, Tug of War, Badminton, Handball, Yoga, Mass Demonstration, Kabbadi, Mass Display, Cricket and Track & Field. The valedictory function of intramural competition for both boys and girls was held on 9th March 2013.

4. **Internal Assessment**

Keeping the importance of continuous evaluation, the department conducted two terminal examinations for B.P.Ed. students from 17th to 23rd October 2012 and from 21st to 28th January 2013 respectively. The department organized various internal assessment procedures through teachers teaching the students of M.P.Ed. classes by means of assignments, group discussion and class tests. Based upon the cumulative assessment, the final sessional marks were sent to Controller of Examination.

5. **Leadership Training Camp**

Leadership training camp was conducted from 20th to 29th January, 2013 at Pachmarhi for the students of B.P.Ed.-II. This camp is an integral part of curriculum to instill leadership quality. Arts & Crafts, Camp Games, Camp Stunts, Camp Crafts, Community Singing, Scavenger's Hunt, Treasure Hunt, Cook Out, Camp fire, hikes etc. were organized to develop a holistic personality. Camping, trekking and other camp activities inculcate in the students qualities like group cohesiveness, bonding with nature, learning by doing, greater understanding and appreciation of things that are learnt through personal involvement of student in a natural setting.

6. **Mass Demonstration Competitions**

The Department successfully organized and conducted Inter-School Mass Demonstration Competition on February 9, 2013 on the lines of Bharatiyam. A total of 10 schools of Greater Gwalior participated in the March Past as well as Mass Display Competition. A total of about 1200 schools children participated in Inter-School Mass Demonstration Competition. All the students of B.P.Ed- III, as a part of their curriculum visited the schools for about 25 days and trained the children in different drills like Marching Umbrella, Balls, Cubes, Maypole, Wands, Step Aerobics, Sari, Hoops, Half-Hoops, Lezim, Dumbbells, pom-poms, steps etc.





7. **Compilation of attendance**

The department spent quite a lot of energy in collecting attendance from faculty members, tabulating them for final compilation and ultimately depicting the attendance of students for both theory and activity on the notice board of the department. The compiled attendance was also sent for uploading the institute website. The department also made effort to highlight those subjects / activities with regard to particular students who had fallen short of attendance. In addition, the department also gave credit to the students in attendance as they were put on various duties in connection with the university work.

8. **Internship Programme**

To provide practical exposure to the students of B.P.Ed., the department organized an internship programme for the students of B.P.Ed. – IV. A total of 35 residential public / govt. schools were selected by the department. The students reported to the respective schools on 1st July, 2012 and continued their internship training up to 14th August, 2012. A list of selected schools spread over the entire country is as follows :

1. Vidya Niketan (Birla Public School), Pillani (Rajasthan) Pin: 333031.
2. Shri Ji Bawa Saraswati Vidya Mandir, Goverdhan Road, Mathura, Pin: 281004.
3. Jain International Public School, Near Uslapur Rly. Station Crossing, Mangeli Road, Bilaspur.
4. Sainik School Kunjpura, Haryana.
5. H.G. International School (A Senior Secondary School), Post Box No. 30, Manpur, ABU Road, (RAJASTHAN) Pin: 307026.
6. Rajmata Krishna Kumai Girls Public School, Jodhpur, India, Pin:342006.
7. Jawahar Novodaya Vidyalaya, Shyampura, Sehore M.P. Pin: 466651.
8. Public School Kharod, N.H. 8, Opp. Kharod Village Anklaeshwar-Surat Highway TA. Ankleshwar Distt. Bharuch (GUJARAT), Pin:394115.





9. Delhi Public School Panchvati Parsakhera, Rampur road Bareilly, Uttar Pradesh, Pin: 243122.
10. St. Mary's Inter College, Etawah, Pin :206001.
11. BRCM Senior Secondary Vidyagram Bahal Bhiwan, Bhiwani, Haryana, Pin: 127028.
12. Delhi Public School Fraternity, Aligarh-Agra Highway Road, Near Mangalayatan Mandir, Aligarh, Pin : 202001 (U.P.).
13. Holy Grace Academy, Mala, Kuruvilassery 680735 Thrissur Dt. Kerala.
14. AllonsPublic School, VPO-Bijabhat Tahsil Bemetara, Distt. Bemetara, Chhattisgarh, Pin: 491335.
15. Birla Senior Secondary School, Pilani, Pilani(RAJASTHAN), Pin:333031.
16. L. K. Singhania Education Centre, Gotan Pin:342902.
17. Sanskar Valley School, Chandanpura, Bhopal, Pin:462016.
18. Delhi Public School, Rohtak 0.5 Km. Mile Stone, Jind Road, Pin: 124001, Haryana.
19. Shantiniketan Vidyapeeth, 6th Mile stone, Mawana Road Meerut U.P India, Pin: 25000.
20. Christ Academy ICSE, School, Begur Koppa Rd, Hallahalli, Bangalore Pin:560083.
21. JNV, Mahaneem Chauraha Shamshabad Vidisha.
22. Jawahar Navodaya Vidyalaya, Manpur (Joura). Distt. Morena M.P-476221.
23. St. Joseph. College, Moolamattom Idukki Ernakulamot, Dt. KERALA.





24. St. Joseph's School Kerala, Moolamattom Idukki Ernakulamot, Dt. KERALA.
25. SDS College, Civil lines Lalitpur Jhasi Pin:284403.
26. Christ Vidyanikethan, Irinjalakuda, Thrissur D.T, Kerala, India - 680 125.
27. Vikash, Residential School, Vikash Enclave, Barahaguda Canal Chowk, P.ODist Bargarh-Orissa.
28. Labour India Public School, Labour India Hills, Marangattupilly P.O. Kottaym, Dist. Kerala, Pin:- 686635.
29. Abhyuday School, Centre Point Near Indane gas Agency, Ekta Chowk, Kawardha, Chhattisgarh.
30. Kimmins High School, Panchgani, Satara District, Maharashtra. India, Pin: 412805.
31. World Sunrise Public School, Rajakhera Road Near Tagawali, Dholpur, Rajasthan, Pin: 328001.
32. Mary Giri Public School, Koothattukulam, Ernakulam Kerala , Pin: 686662.
33. Carmel Public School, Puliyanmala P.O. IDUKKI, Kerala , Pin: 685515.
34. Mary matha, Maticulation, School, Mathurai Road Theni, Pin: 625531, Kerala.
35. Scholars' Public School, T.R. Puram, A. B. Road Morena M.P. Pin: 476001.





9. Activities conducted

The Department of Physical Education Pedagogy organized the following programme during the academic year 2012-13:-

- * National Sports Day and Teachers Day.
- * A Workshop on “Choice Based Credit System” on August 21 & 22, 2012, wherein faculty members and administrative staff participated besides 5 outside resource persons, namely, Prof. P. Nagabhushan (Mysore University), Prof. D.S. Guru (Mysore University), Prof. S. Bhattacharya (Jadavpur University, Kolkatta), Prof. K.C. Narayanswami (Agriculture University, Bangalore) and Prof. V. Manickvasagam (Algappa University, Karaikuddi). The workshop was of immense benefit to the faculty and administrative staff of the University as several doubts were got cleared.
- * A guest lecture on Choice Based Credit System involving Prof. P. Nagabhushan with the students of M.P.Ed.- I semester. Prof. Nagabhushan explained in detail about the significance of Choice Based Credit System besides clarifying the apprehension of the students.
- * Squash Rackets Tournament under the patronage of Chief Minister Games {Madhaya Pradesh} wherein a large number of squash enthusiasts participated.
- * The department ensured that the campus remains free of ragging keeping its policy of zero percent tolerance in mind. Necessary committees were formed and surprise raids were conducted for the sake of deterrence as well as to provide confidence to new entrants.
- * **Exposure Activities :** Keeping into consideration the demand of society, the following activities were taught to the students as exposure activities during the month of February 2013 & March 2013, for which Institute teachers as well as outside experts were involved in imparting instruction :
 - * Wrestling (boys)
 - * Rhythmic Gymnastics (girls)
 - * PEC (boys & girls)
 - * Kabaddi (boys & girls)





10. Achievements

- * Few students of the department qualified JRF as well as NET examination in the exam conducted by University Grants Commission in December 2012.
- * Few students of the department backed gold, silver and bronze medal in All India Inter-University competitions organized by different universities on behalf of Association of Indian University.
- * One student, namely, Mr. Gajraj Singh of M.P.Ed.- IV semester studying in the department secured first position in Elocution Competition in the Youth Festival of West Zone University.





CHAPTER - 14

DEPARTMENT OF EXERCISE PHYSIOLOGY

1.	Regular classes of M.P.Ed.-II Semester	:	Till 7 th April, 2012
2.	Final examination of M.P.Ed.-II Semester	:	9 th to 24 th April, 2012
3.	Summer vacations	:	From 25 th April, 2012
4.	Meeting of the Board of Studies	:	8 th June, 2012
5.	Admission test for M.P.Ed. for the session 2012-13	:	21 st & 22 nd June, 2012
6.	Declaration for the result of M.P.Ed.	:	23 rd June, 2012
7.	Approval of syllabus and scheme of examination by the Academic Council in its 29th Meeting.	:	6 th July, 2012
8.	Commencement of classes for the M.P.Ed. I Semester and M.P.Ed. III Semester	:	9 th July, 2012
9.	Members of the department participated in two day workshop on CBCS	:	21 st & 22 nd August, 2012
10.	The colloquium for Sports Specialization project was conducted	:	3 rd September, 2012
11.	Teacher's Day celebrated	:	5 th September, 2012
12.	Fresher's Day for the new entrants	:	8 th September, 2012
13.	The colloquium for Dissertation was conducted	:	18 th September, 2012
14.	Semester exams conducted	:	14 th to 24 th November, 2012
15.	Registration and commencement of classes for new Semester	:	1 st December, 2012
16.	4th meeting of Board of Studies	:	17 th November, 2012
17.	Organized three days National Conference on Exercise Physiology and Sport Sciences	:	31 st January, 2013 to 2 nd February, 2013
18.	All other routine activities	:	-





CHAPTER - 15

DEPARTMENT OF SPORTS PSYCHOLOGY

- (i) Admission test was conducted in June, 2012 for admission in MPEd 1st Semester. 15 students were admitted in the Course.
- (ii) Two meetings of Board of Studies of Department were convened to discuss regarding syllabus and other activities to be carried out for the academic year 2013-14.
- (iii) National Workshop in Sports Psychometry was conducted from 11th to 17th March, 2013.





CHAPTER - 16

DEPARTMENT OF SPORTS BIOMECHANICS

1. Admission test was conducted in June, 2012 for MPEd 1st Semester. 15 students were admitted in the Course.
2. One meeting of the Board of Studies of the department was convened to discuss regarding syllabus and other activities to be carried out for the academic year 2013-14.





CHAPTER - 17

DEPARTMENT OF HEALTH SCIENCES & FITNESS

1. Travel program of CISS representatives was completed by the Department of Health Science and Fitness from 17th to 19th April, 2012. The department was appreciated after inspection of the University by Prof. Ye Tian, (President), Prof. Zhongqiu Zhang (Director), Prof. Chongmin Jiang (Director) & Prof. Ping Hong (Deputy Director) as external guest in the program.
2. Annual examinations were conducted for the students of PGDFM and PGDYAT by Health Science and Health Department from 5th May to 16th May, 2012.
3. A meeting of Board of Studies was convened on 15th May, 2012.
4. 1-month Certificate Course on Fitness and Yoga was organized by the Department from 1st to 31st May, 2012.
5. A training program of Naturopathy, Yoga and Aerobic was organized from 7th May, 2012 to 20th June, 2012.
6. The entrance exam for the students of P.G. Diploma (Fitness Management) for the new session 2012-13 was conducted on 14.7.2012.
7. Training of class of Yoga Practical and Meditation was provided in National Cadet Core Officer Training Academy, Station Road, Gwalior by Yoga trainers (Mrs. Meera Devi Shukla and Ms. Kavita Pillai) working in Health Science and Efficiency Department.
8. The students of MPED first semester (Health Education) were taken for the visit to Milk Plant, Banmore for the practical class with respect to production of milk on 9th August, 2012.
9. Mrs. Jagveer Bhai from Bhrama Kumari University delivered a lecture on 'Power of Mind and Sports' to the students of MPED and PGDFM on 10.9.2012.
10. Students of MPED, 1st Semester (Health Education) were taken to Baragaon, Murar on 13.9.2012 for the practical class with respect to observing rural village.
11. The regular classes of "Yoga Fit" were organized for one month in October for the faculty and administrative staff of the Institute and their families.





12. The students of MPed 1st Semester (Health Education) were taken to Gwalior Glory High School, Gwalior on 4.10.2012 for the practical class with respect to the observing the sitting position of the students of 5-12 years age, studying in that School.
13. A 15-day Course on Yoga and Naturopathy was organized from 15th to 31st Oct., 2012. 70 students participated in this course.
14. The examinations of MPed (Health Education) 1st Semester were conducted from 19th to 29th Nov., 2012.
15. The meeting of the Board of Studies of Health Science and Fitness Department was held on 30.11.2012.
16. A 15-day Course on Health and Injury Management was organized from 3rd to 18th Dec., 2012.
17. The special classes of Reiki of the concerning subject of Fitness Management course for students of PGDFM were conducted by Dr. Reena Sarkar (External Expert) from 18.9.2013 to 22.9.2013.
18. The students of PGDFM of session 2012-13 were sent to Sayaji Hotel Ltd., (Vijay Nagar) Indore, Holiday Village Resort, Gandhi Dham (Kutch) Gujarat and Neo-Fitness Centre, Dwarka, New Delhi.
19. The Jazz, Aerobic Dance and Fitness workshop was organized from 23rd to 30th Sept., 2012.





20. A National Seminar on Yoga and Rehabilitation was organized from 18th to 20th February, 2013. In the inauguration ceremony of the seminar held on 18.2.2013, Dr. Somitra Rawat (renowned Gastrosurgeon) and Mr. Ashok Dhyanchand (Arjuna Awardee), Dr. G.S. Bawa (Former Dean, Academic, NIS, Patiala) and Dr. G.S. Sahay (Kaivalyadharm, Lonawala) as the special guests, and Dr. Tarak Nath Pramanik, Dr. Anand Mishra, Dr. Amita Rana, Dr. Seema Koshik were present chiefly as Resource Persons, apart from Vice Chancellor, Registrar and other faculty members of the Department. Under the National Seminar of the department a Clinic was duly conducted from 16-20 February, 2013 'Technical Reglignat and code of point for Artistic Man' for the students of Gymnastics of BPEd (IV Sem) and MPed (II sem and IV sem) of session 2012-13 in the morning and evening (for 3-3 hours) by Dr. G.S. Bawa (Former Dean, Academic, NIS, Patiala).





CHAPTER - 18

CENTRE FOR SPORTS COACHING & MANAGEMENT

- (i) The Centre for Sports Coaching & Management started offering Post Graduate Diploma in Sports Coaching (PGDSC) in 3 disciplines namely Athletic, Basketball, Football and Volleyball. The detailed summary of the course are as follows:

Sports/Game	Number of Candidates				
	Admitted	Male	Female	Drop Out	Appeared in Final Examination
Athletic	6	5	1	-	6
Basketball	5	5	-	-	5
Volleyball	4	3	1	-	4

- (ii) The Centre also runs Diploma in Sports Coaching (DSC) only for Army Personnels in 4 disciplines namely Athletics, Basketball, Football and Volleyball. The details of the course are as follows:

Sports/Game	Number of Candidates				
	Admitted	Male	Female	Drop Out	Appeared in Final Examination
Athletic	13	12	-	1	12
Basketball	9	9	-	-	9
Football	5	5	-	-	5
Volleyball	7	7	-	-	7





CHAPTER - 19

CENTRE FOR ADVANCED STUDIES

Ph. D.

Applications for Ph.D. entrance test were invited through notification on website and Institute's Prospectus. 48 aspirants appeared in the test conducted on 4th July, 2012. Interviews of qualified candidates were conducted and all 19 candidates joined the mandatory course work commenced from 20th July, 2012. Further, all the 19 candidates were declared qualified in the course work examination and after that, they attended the RDC and got registered for the full time PhD Program during the Session.

Pre-Submission Presentation for PhD. Thesis (New Pattern)

The following 13 candidates had given their Pre-Submission Presentation and were given suggestion by the Centre for Advance Studies to improve their PhD. Thesis. After the Presentations, all the candidates revised their PhD thesis and submitted the final PhD. work for consideration of PhD Degree:

- | | |
|-------------------------|----------------------------|
| 1. Bhanvar Singh Palia | 2. Anju |
| 3. Pradeep Singh Chahar | 4. Preeti Sharma |
| 5. Poonam Singh | 6. Suhel Raza |
| 7. Harish K. Tiwari | 8. Dalveer Singh Kaintieya |
| 9. Praveen Kumar | 10. Brejesh Kumar Yadav |
| 11. Abhijeet Mondal | 12. Rajesh Dhuta |
| 13. Sanjay Kumar Singh | |

Pre - Submission Presentation for PhD. Thesis (Old Pattern)

The following 12 candidates had given their Pre-Submission Presentation and were given suggestion by the Centre for Advance Studies to improve their PhD. Thesis. After the Presentation, all the candidates revised their Ph.D. thesis and submitted the final PhD. work for consideration of Ph.D. Degree.

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|---------------------------|-----------------------|
| 1. Kulvinder Singh Bagga | 2. Nishant Thakur |
| 3. Prabhash Puri | 4. Sanjeev Saikiya |
| 5. Ashutosh Acharya | 6. Sameer Kumar Yadav |
| 7. Upendra Pandey | 8. Abhishek K. Yadav |
| 9. Padam Singh | 10. Sani Kumar Verma |
| 11. Sushanta. Kumar Panda | 12. Vinita Sharma |

