

ACADEMIC AUDIT REPORT

SESSION: 2015-16

1. Name of Department: DEPARTMENT OF HEALTH SCIENCES & FITNESS

2. No. of full time permanent faculty: 05

3. No. of part time /temporary/ contractual faculty: 07

4. No. of PG / UG courses: 02

5. No. of Research Publications: NIL

6. Strength: Copy Attached

- i.
- ii.
- iii.
- iv.
- v.

7. Weakness: Copy Attached

- i.
- ii.
- iii.
- iv.
- v.

8. Recommended Actions:

Signature of HOD

STRENGTH OF THE DEPARTMENT

- To start the Diploma and Degree programmes in the area of Health Sciences, Fitness Management and Yoga & Alternate therapy.
- To provide the research scholars a center to work for their Post graduate, doctoral and post doctoral programmes as well as project studies in the area of its expertise.
- To provide the facility to the common people to use its resources like fitness center, alternate therapy centre, rehabilitation center and its expertise.
- To develop this department as a centre of excellence for research in the area of health sciences, fitness & wellness and yoga & alternate therapy in the country and abroad.
- To prepare highly professional personals in the area of Yoga and Fitness Management who can assume the challenges in the global scenario.

WEAKNESSES OF THE DEPARTMENT

- (i) No fund is available to send the students to other organizations for Refresher Courses, Workshops and other similar activities bearing all the expenses of the students and the faculty by the Department.
- (ii) There is no funding agency which could sponsor various projects of the Department in the field of Yoga & Fitness.
- (iii) Video conferencing should be provided in the Centre so that students and the faculty can interact with the experts from various other universities in India and abroad so that they can be enriched with new knowledge and the latest developments in the field of Yoga & Fitness.
- (iv) There should be an inter university exchange programmes of the students and the faculty for unfolding their potentials by participating in collaborative research programmes.