

Lakshmibai National Institute of Physical Education North East Regional Center, Guwahati (Asam)

INTERNATIONAL YOGA DAY

A Brief Report

1. LNIPE, NERC had celebrated 2nd International day of in a grand way following the Yoga protocol of Ministry of AYUSH.
2. A 21st days free Yoga camp (1st June to 21st June 2016) was organized for BSF personnel on occasion of International Yoga day. A total of 66 BSF personnel attended the Yoga coaching program.
3. Yoga day was celebrated on 21st June from morning 6:45. A total 500 participants attended the program of international day of yoga and took part in yoga practice from 7:00 am to 8:45 am. The yoga protocol issued from Ministry of AYUSH for celebration of international day of yoga was followed in TOTO.
4. 66 BSF personnel who had undergone 21 days yoga training presented a spectacular may yoga demonstration and yoga stunt.
5. All 66 BSF personal were awarded certificate of yoga coaching course by Dean, LNIPE, Prof. Biswajit Basumatary and Inspector General BSF Sri. S. K. Shrivastava.

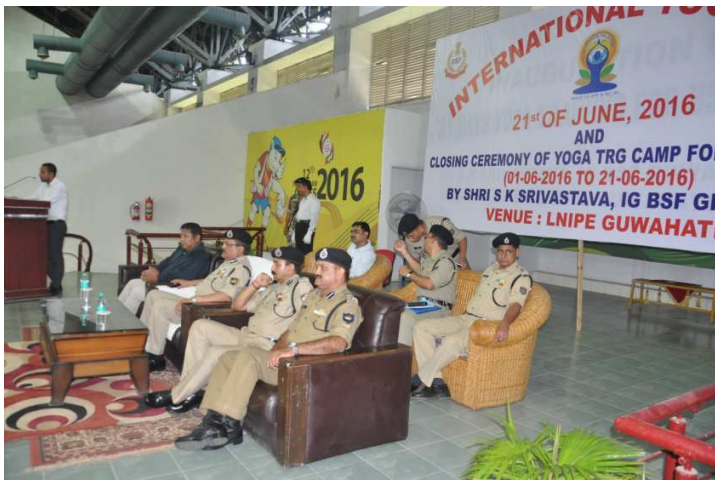
PHOTO INTERNATIONAL DAY OF YOGA



Mass Participation by the staff, faculty & students from neighboring villages.



Yoga Demonstration by BSF Jawans who have attended 21 days free yoga coaching camp at LNIPE, Guwahati



BSF Jawans are being address by Dean, LNIPE, NERC on occasion of International day of yoga and certificate distributions to BSF Jawans.